



Dare to Dream

2016 Horse Camp Information

2508 W. LANDING ROAD
VIRGINIA BEACH, VA 23456
757-270-5228

ecetc@eastcoastsporthorses.com

www.eastcoastsporthorses.com/horsecamp.html

No prior riding experience required! Learn to ride - Learn about horses!

Join in on the fun of an ECETC tradition!! ECETC Horse Camp is a one-week program for ages 6 and up; Monday through Friday, 9:30 am to 3:00 pm. Fee includes 5 days of instruction, horse activities and riding equipment. Our focus is learning how to ride and all about horses!

Open to all levels of riders, from beginners to those with interests in Eventing, Hunter, and Jumper disciplines. We teach with an emphasis on safety and balance seat first where campers learn the proper fundamentals and are then able to advance. ECETC campers get extra riding time and spend lots of time learning about the horses and how to care for them.

Classes at the ECETC horse camp are taught by riding instructors with years of riding experience. Campers are evaluated on arrival and matched to a horse or pony to care for and another one for riding. The horses are selected and trained to match a wide range of riding levels and range from beginners to jumpers.

Good sportsmanship, fun and safety are always stressed. The camp's highlight is showing off what they learned at the end of the week where campers will demonstrate the skills they've learned for parents, family and friends! Our experienced staff is ready to provide each camper with a rewarding and educational equestrian time!

You are welcome to bring your own horse if you like. Be sure to let us know so we can arrange for stall space! Stalls are \$20 per day and \$55 for overnight. A horse's dietary needs may vary from one to the next, so please bring sufficient feed for your horse.

We are looking forward to seeing you at ECETC's Horse Camp!

We just know you are going to have the greatest time learning all about horses!

What you will be doing!

Learning the Basics

- △ Proper tack and fitting for English
- △ Basic horse care - Grooming, Vet & Farrier Care
- △ Horse handling safety
- △ Horseback games

Flat Work

- △ Basic ground training & manners
- △ How to lunge your horse
- △ Horse behavior

Riding Lessons may include:

- △ Position for English
- △ Exercises for relaxation & balance
- △ Communication through leg, seat, hand aids
- △ Open rein & neck rein
- △ Control of speed & simple transitions
- △ Posting trot
- △ Diagonals
- △ Simple training patterns
- △ Canter transitions
- △ Leads
- △ Jumping
- △ Harmonizing with your horse

After you have completed one level you can move up to the next level of camp in another session!

As our campers equestrian skills improve, they have the opportunity to return to the next level of camp.



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How to Enroll

We process enrollments, regardless of how they are received, on a "first come, first serve" basis. While e-mail and "snail" mail enrollment forms are accepted, telephone enrollments are not. To ensure successful enrollment, please fully complete and sign the enrollment form and mail it to our office. A **non-refundable deposit of \$150** must be received along with a completed and signed enrollment forms to ensure a place in the camp session. A separate enrollment form must be used for each camper and session. If you are submitting your enrollment form via email, your signature will be required the first day of camp.

Mail your enrollment form to:

ECETC Horse Camp
2508 W. Landing Rd
Virginia Beach, VA 23456

You may fax your enrollment form to:

757-721-0344

Payment Policy:

Fee: \$350 per one-week session. Your fee covers instruction, activities included in your session, and use of equipment and horse/pony. \$150 deposit to hold place in camp is non-refundable and must be paid in full upon receipt of enrollment form.

ECETC offers the following payment arrangements for deposits, payments and payment in full: Master Card, Visa and checks. Please make checks payable to ECETC (\$40 return check fee, regardless of reason). Balance must be received no later than 48 hours prior to commencement of camp.

Refunds:

With the exception of the non-refundable deposit, all paid monies may be refunded up to 30 days prior to camp. After which there will be no refund unless the camper's physician writes an explanation of the camper's illness or injury that prevents his/her coming to camp as enrolled.

Contact (Monday through Friday 9-5 EST)

Phone: (757) 270-5228

Email: ecetc@eastcoastsporthorses.com

Web: www.eastcoastsporthorses.com/services.html

Drop off and Pick up Times:

All camp sessions begin at 9:00am. Campers should arrive 15-30 prior to start of camp and should be picked up no later than 30 minutes after the end of camp session. We do provide for before and after camp care for an additional \$20/per hour. Before and after camp care may be dropped off no earlier than 9am and picked up no later than 5pm.

Emergencies, Sick or Injured

All campers are required to complete the Emergency Contact/Medical section of the Enrollment Form. Emergency contact procedures are in place. This includes notifying emergency response personnel as well as parents/guardians listed on the ECETC Emergency Contact/Medical Form.

Our horse camp is not just for kids! We have camp for all levels of riding and adults!



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What to bring:

- △ Riding Helmet (Must be ASTM-SEI Certified and not a bicycle helmet)
- △ Jeans, riding breeches and/or chaps
- △ Riding boots or shoes with a heel (Sneakers, flip-flops and sandals are not permitted)
- △ Change of clothes, such as play clothes
- △ Sun screen (optional, but recommended)
- △ Any prescription medications

Drinks and snacks:

There are vending machines with drinks on the premises (water, gator aid, soda and snacks), however, campers are required to bring lunch and a snack and should have 2 or more bottles of water.

Directions:

No matter where you are coming from, ECETC is very easy to get to! We are located in the Pungo borough of the City of Virginia Beach on W. Landing Road between Indian River Rd and Princess Anne Rd. Check our website for specific directions and maps: www.eastcoastsporthorses.com/contact.html

Address for GPS devices: 2508 W Landing Rd, Virginia Beach, VA 23456

From I-64 (to Virginia Beach)

- △ Take the 286B exit
(Indian River Rd)
- △ Turn right on West Neck Rd.
- △ Turn right on W. Landing Rd

From North Carolina

- △ Take 95 north to 58 east
- △ 58 becomes 64 after Suffolk
- △ Take the 286B exit
(Indian River Rd)
- △ Turn right on West Neck Rd.
- △ Turn right on W. Landing Rd

From Northeastern NC

- △ Take 168 to Mount Pleasant Rd
East
- △ Turn right on Indian River Rd.
- △ Turn right on West Neck Rd.
- △ Turn right on W. Landing Rd.

From the Virginia Beach Ocean Front (just a short 10 miles)

- △ From Atlantic Avenue, go over one block to Pacific Avenue and head south
- △ From Pacific Avenue, go south, will turn into General Booth Blvd
- △ Turn left at Princess Anne Rd
 - (At the Food Lion/Ekards/7-11 Turn right to remain Princess Anne Rd)
- △ Turn right on Indian River Rd
- △ Turn left on West Neck Rd (blinking light)
- △ Turn right on W. Landing Rd

Additional Questions?

Just give us a call, we will be glad to answer any questions you may have!